



Are Teammates Rivals or Role Models?

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Perception of Pride → Emotional Expression → Behavioral Consequences → Sports Performance

Pride 🏆

The reaction of success with distinctive expressions

Authentic

"I won because I worked hard"

Hubristic

"I won because I am great"

Admiration 🙌

The expression of delighted approval for one's success

"I admire how hard you work and how well you play"

Envy 😞

The desire of someone's achievement, possession, or superior quality

Benign

"I must work harder to be better than them"

Malicious

"How can I tear them down?"

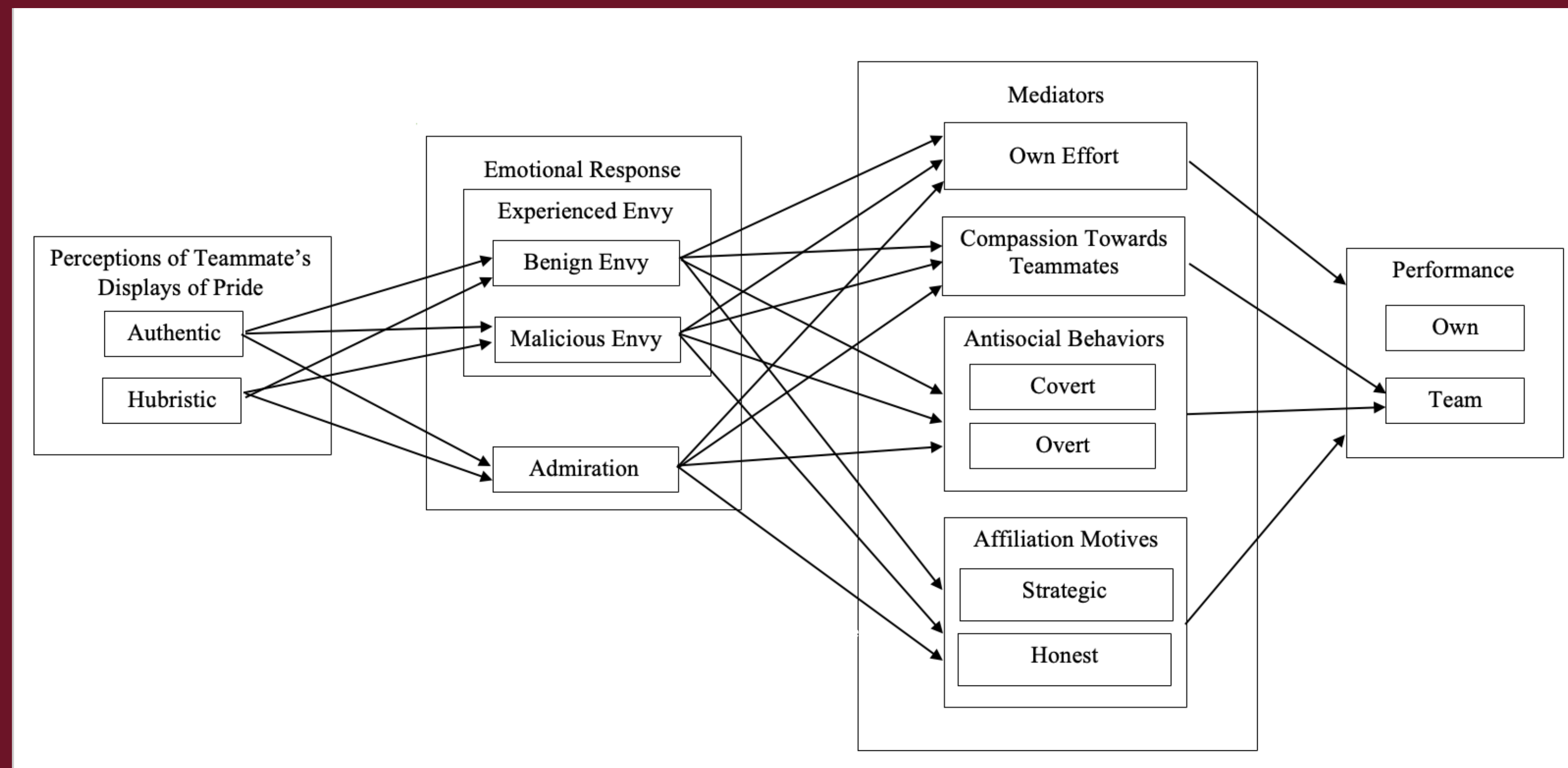
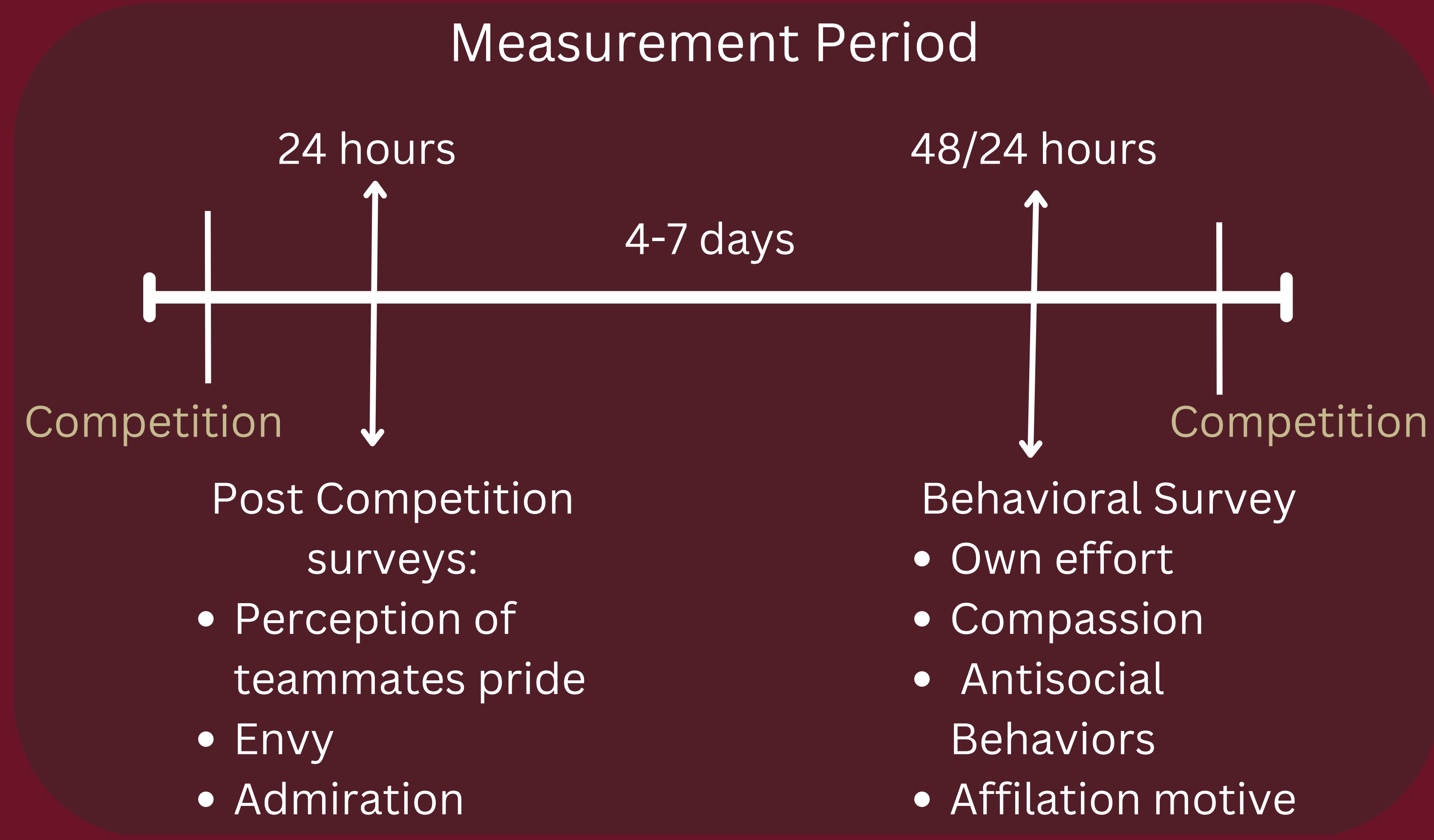


Figure 1: Conceptual Model of Pride and Envy



Perception of Authentic Pride

Admiration Benign Envy

- Behavioral consequences
- Towards desired/envid teammate and team as a whole
 - More compassion
 - More personal effort
 - More affiliation

Better personal and team performance

Perception of Hubristic Pride

Malicious Envy

- Behavioral consequences
- Towards desired/envid teammates and team as a whole
 - Less personal effort
 - Anti-social behavior

Worse personal and team performance

Abstract:
Discussion:
References:

