What is a gap year, and how do I take one before college?

Presented by
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FSU CRE Associate Director for Global Programming
Session Agenda

• Talk about upcoming event
• Define Gap Years and Experiences
• Explain Gap Years at FSU
• Give contact information
Further Discussions at Info Session

• March 3rd at 7pm (recorded)
• Talk about FSU’s Program (Application & Requirements)
• Meet
  – Students and hear their stories
  – Program Faculty and ask questions
• Follow QR Code to Register →
So what is a Gap Year?

• Helpful links:
  – Gap Year Association
  – Definition and History

• Focus: Finding personal Interest to center experiences

• 3 Phases:
  – Preparation
  – Experience
  – Reflection
Developing Your Experience

• Part of the Preparation Sessions *(don’t worry if you do not know exactly what you want to do now)*
• Should be relevant to your
  – Interests
  – Abilities
• At FSU: Part of the Preparation Sessions *(the summer before an experience)*
So what are experiences like?

Check out FSU’s Gap Year students’ Experience Blogs to find out more!
Examples of Experiences

- Gap Year Association List
- Global Citizens Academy
- WWOOF
- GoAbroad
- GoOverseas
- Omprakash
- Americorps
- Student Conservation Association
FSU’s Gap Year Program

- A fairly unique program
- Offers students the opportunity to take a gap year before coming to FSU via a 12-month deferment
- A 3-part program intended to enable students to design, inact, and reflect upon their gap year experiences
- Grounds future undergraduate experience within personal interest
- Grants formative experience to students through the Gap Year Engage-100 course
- Up-to $5000 in funding (for select projects)
Contact Warren Oliver

• Register and attend the Gap Year Program Info Session (March 3rd at 7pm)
  – Click here!
  OR
  – Follow the QR code →

• Email: boliver@fsu.edu
• Phone: (850) 644-7420
• Online: https://cre.fsu.edu/global/gapyear
Contact the CRE Office

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